



Join us for
a run.

COUCH TO 5K - RUNNING FOR WELLBEING COURSE

TUESDAYS at 10AM From 18th May

BANDSTAND

EATON PARK

FREE - PRE REGISTRATION ONLY

Thanks to #NationalLottery players for making our project possible. We are making a huge difference to the lives of people thanks to #NationalLottery funding

Register to join the fun:

groups.runtogether.co.uk/upthetempo

